

*What do you want?*

*What do you love?*

*What will you create?*

## CREATING YOUR LIFE

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CREATING YOUR LIFE is designed to jump-start your ability to have the life you want.

1. **Learn what the arts** have to teach us about creating our lives.
2. **Discover** the important difference between **creating** and problem solving.
3. **Explore what matters** most to you.
4. **Practice creating end results** you want.

## COURSE DESIGN

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This is a third-generation course which is designed to help you become fluent in the creative orientation, to master your own creative process and to then apply it to your life.

It utilizes lecture, exercises, well-designed video segments, and practice in a tightly integrated format led by an extensively trained course leader.

The course was designed and developed by Robert Fritz. His book *Your Life as Art* (included) is the companion text.



### John Mulligan

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WHAT DO YOU WANT YOUR LIFE  
TO BE ABOUT?

WHAT MATTERS MOST TO YOU?

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## *Creating Your Life*

A Five-Session Course

Saturdays 9:00 a.m. - 11:30 a.m.

**February 15, 2003 – March 22, 2003**

Kensington, MD



# CREATING YOUR LIFE

What do you want? Have you ever truly asked yourself that question? And if so, have you answered it?

This course is about learning how to live your life from within the creative orientation, the orientation in which **you act to bring what you most want into being.**

This course will equip you with the knowledge, understanding and skills that will support your success in creating what you want.

What are your desires, your highest aspirations? If you're already creating them, great! This course will increase your mastery of the process of bringing them about.

If you're not already creating them, start now to create what you want in YOUR life. This course is a gateway to the creative orientation.

## ROBERT FRITZ, COURSE DESIGNER

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Robert Fritz began his career as a musician and classically-trained composer. When he was teaching in the Boston Conservatory, he began to explore aspects of the creative process. Why were some artists great at creating their art and very poor at creating

their lives? What were people doing when they were not creating? How could people learn to create in ALL areas of their life?

Over time, he developed courses in creating. This is a third-generation course, and incorporates the insights from working with thousands of people and having over 80,000 people take the courses he has designed. As part of his work, he also developed the revolutionary field known as structural consulting.

Robert Fritz is the author of *The Path of Least Resistance*, *Creating*, *The Path of Least Resistance for Managers*, and just published, *Your Life as Art*.

## JOHN MULLIGAN, COURSE LEADER

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John Mulligan has studied extensively over the past decade with Robert and Rosalind Fritz and helped to develop several of their training videos.

Part of the first Structural Consulting Certification Program class that was offered, he continued on to take many Advanced Structural Consulting classes, and such master classes in the creative process as *The Living Art*.

He has worked for many years in the software development field. He is a past vice-president of the non-profit Parent Encouragement Program, where he helped develop their strategic plan using the principles of the creative process and structural consulting.

*Begin Now to Create What You Want!*

## REGISTRATION

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CREATING YOUR LIFE

**Saturdays 9:00 a.m. - 11:30 a.m.**

**February 15 through March 22, 2003**

(No class March 1)

Location: 10100 Connecticut Ave.  
Kensington, MD 20895

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_

Alt. Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Introductory Price: \$195

Discounted Price for PEP Leaders: \$175

*A \$50 deposit will reserve your space.*

**Amount enclosed: \$ \_\_\_\_\_**

Includes the book *Your Life as Art*.

*Please make checks payable to John Mulligan.*

*Mail to:*

John Mulligan  
9315 Greyrock Road  
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*For additional information*

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